

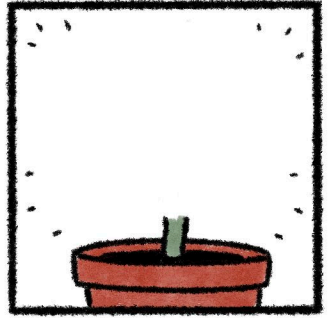
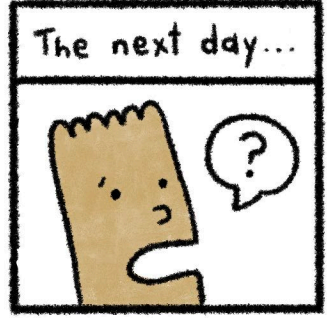
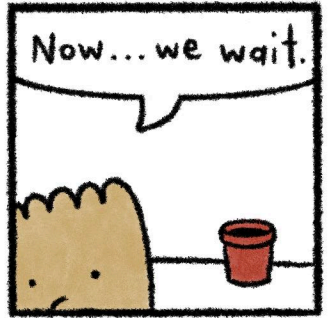


# more lies monthly

#004 ACTIVITIES · GAMES · ADVENTURES · GARDENING AUGUST 2020

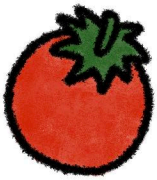

Hi! Welcome to MORE LIES MONTHLY! The theme of this issue is one of my favorite things in the world - gardening! I've included some fun & easy ways to get started taking care of plants & growing food.

Truly,  
Travis, editor or whatever.



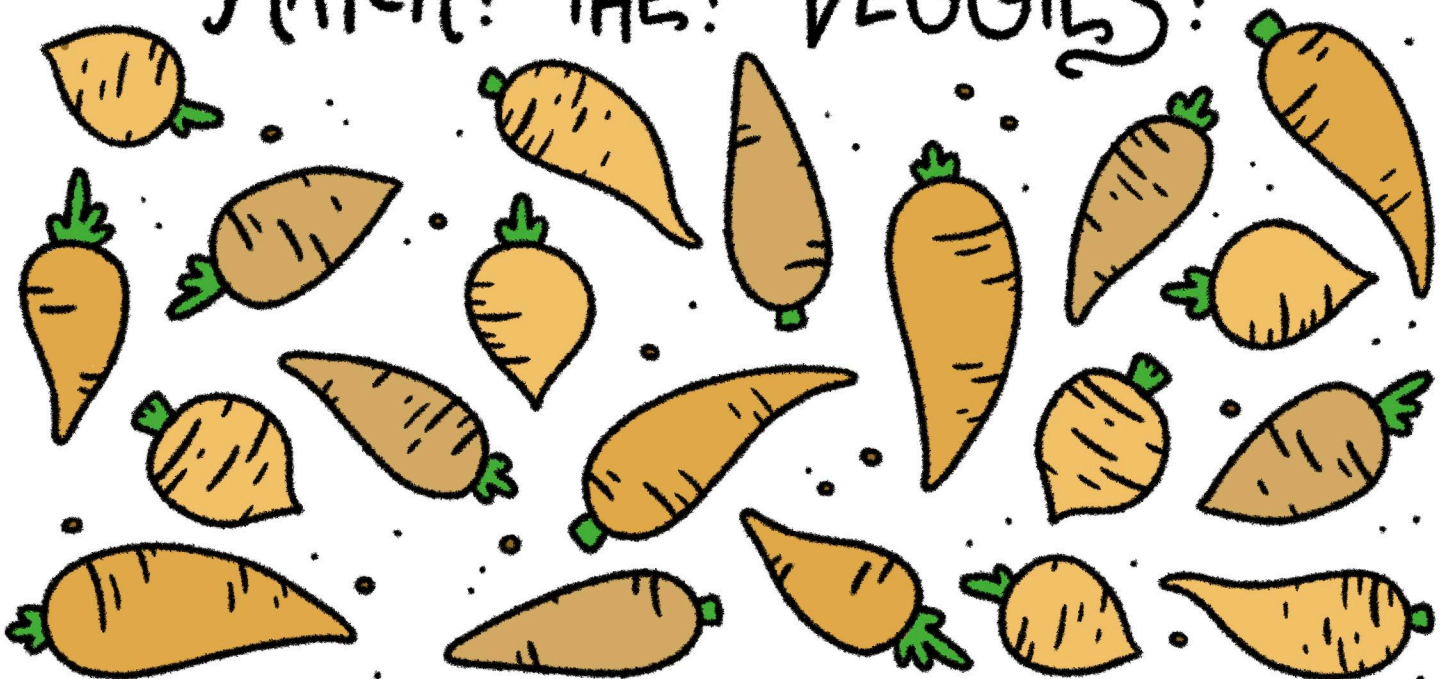
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# WORD FIND

SOIL	VEGGIES	S	A	L	A	D	E	E	S
WATER	SALAD	U	L	W	S	F	N	S	U
SEED	FLOWER	N	I	A	W	L	I	E	M
GARDEN	FRUIT	L	O	T	I	O	A	I	M
SUNLIGHT		I	S	E	N	W	R	G	E
RAIN		G	A	R	D	E	N	G	R
SUMMER		H	G	T	O	R	T	E	H
GROW		T	I	U	R	F	E	V	M

After you complete the puzzle, the remaining letters will tell you the secret way to make your plants happy.

## MATCH! THE! VEGGIES!

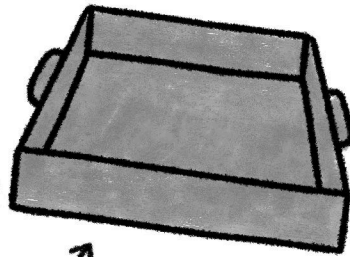




# GROWING FOOD FROM KITCHEN SCRAPS

Hey! Don't toss those scraps! Start your own tiny farm with a few items and a little patience.

You'll need:  
a shallow dish or bowl  
a small planter or pot  
potting soil  
kitchen scraps\*



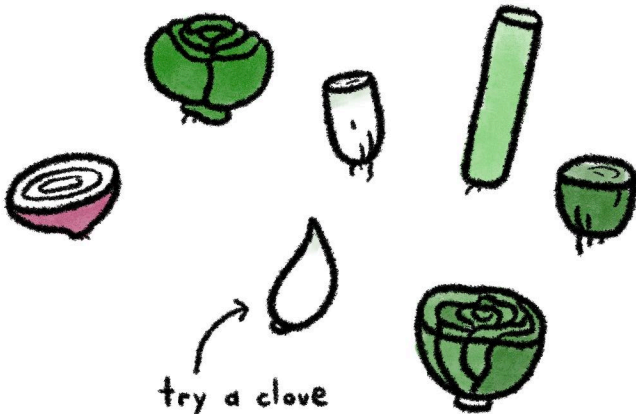
(bowl, takeout container, etc.)



\* works with:

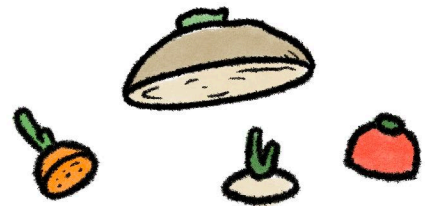
(easiest)

bok choy, green onion, onion, cabbage, celery, lettuce, leek, garlic, shallot, lemongrass, etc.



try a clove of garlic

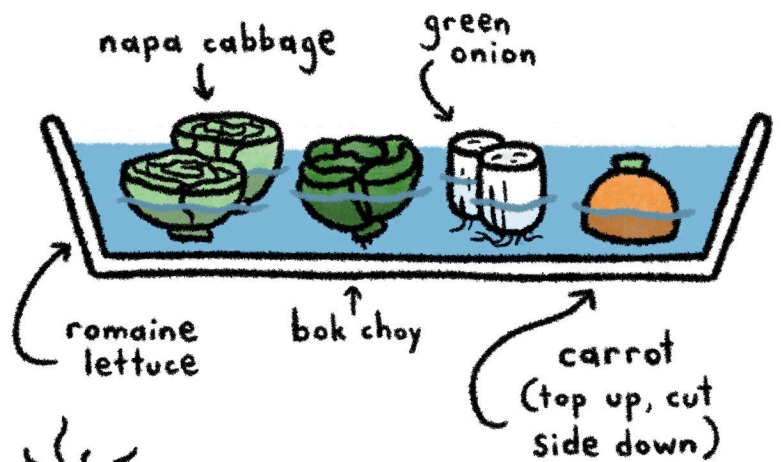
edible greens or a whole bulb in, gosh, 9 months?



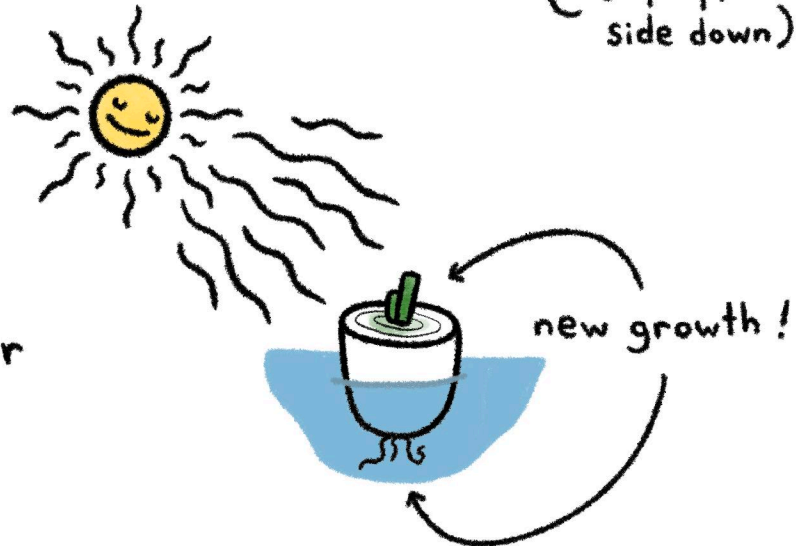
\* sorta works with:  
carrot, radish, beet, turnip  
(you won't get new edible roots, but the greens are suuuper tasty)

# GROWING FOOD FROM KITCHEN SCRAPS

- ① Place the bottom 1" of your veggie scraps in a shallow dish of water, roots side down.



- ② Put in a sunny spot & change the water every day or so.

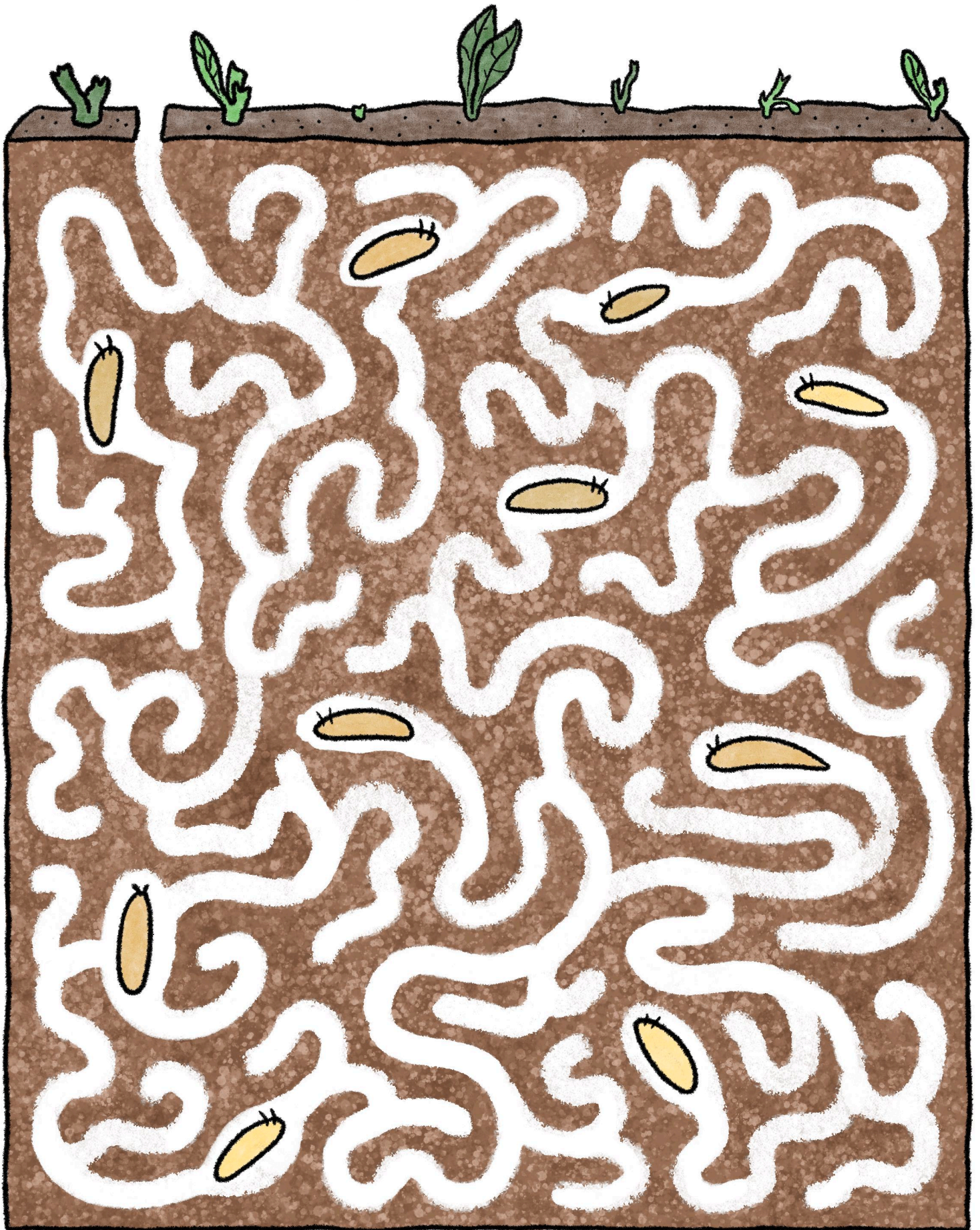


- ③ When a nice set of roots and some new growth appears, plant the lil' guys in a pot of soil in a sunny spot. (3-7 days)



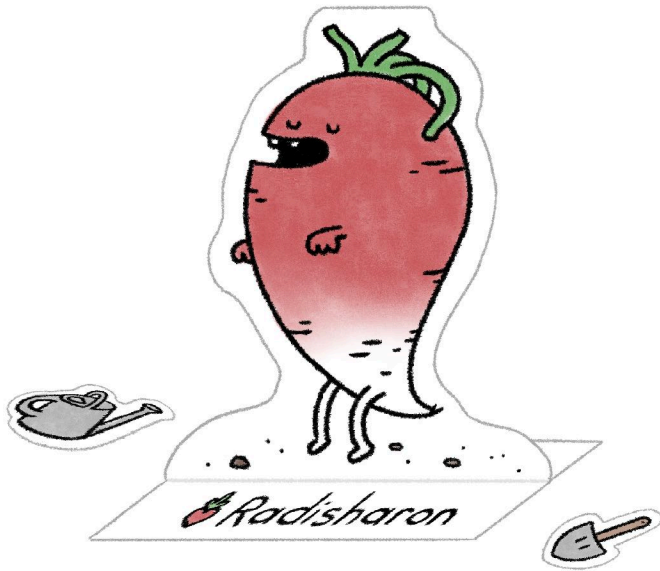


Slugs keep getting the lettuce. It's pest control time.



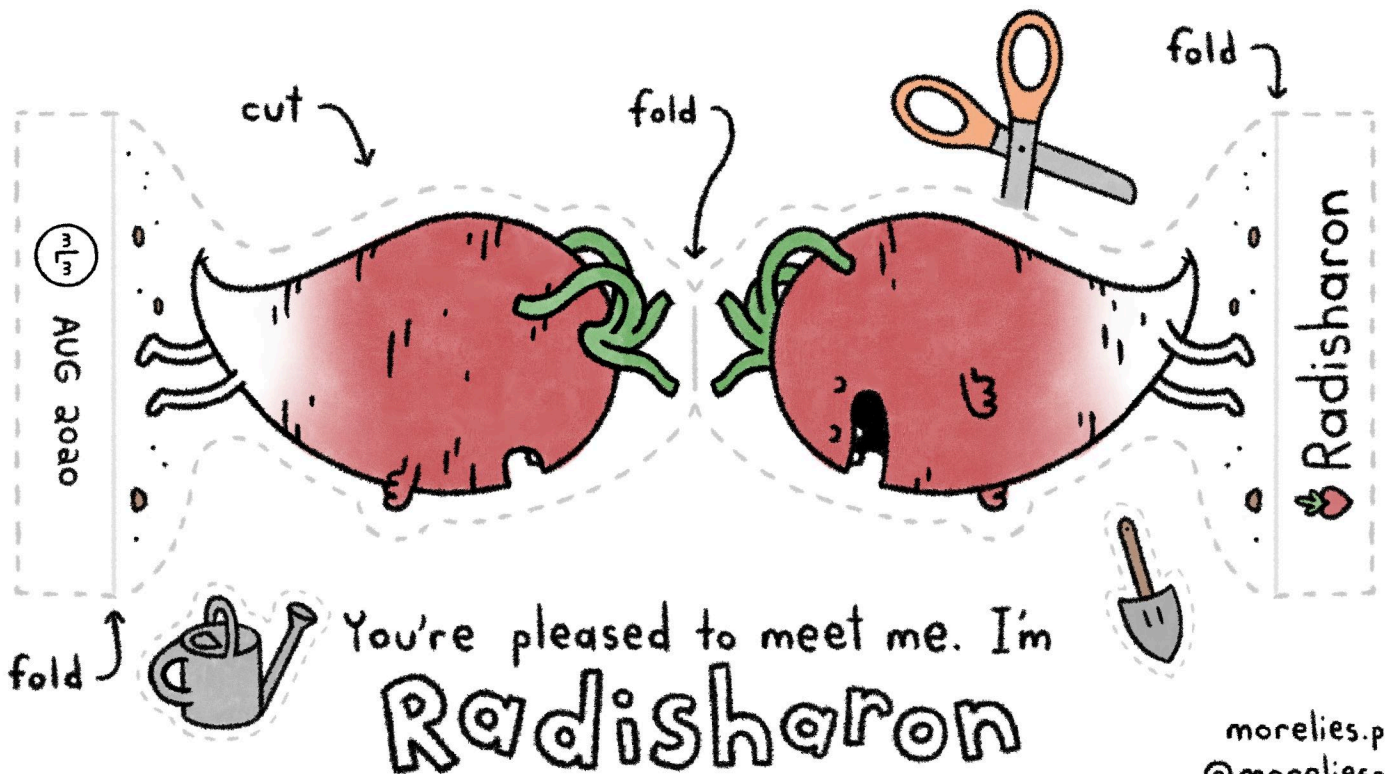


# MORE LIES MONTHLY OFFICIAL COLLECTIBLE PAPER ACTION FIGURE



NEW FIGURE  
EACH MONTH!

1. Cut along the dotted lines.
2. Fold the front and back together.
3. Fold the bottom flaps out so it can stand.
4. Tape or lightly glue the front & back together.



## RECOMMENDED READING

Maker Comics: Grow a Garden by Alexis Frederick-Frost

(Super-fun how-to in a comics format!)

Gardening Lab for Kids: 52 Fun Experiments to Learn, Grow, Harvest, Make, Play, and Enjoy Your Garden by Renata Brown

(A project for every week of the year)

Roots, Shoots, Buckets & Boots: Gardening Together with Children by Sharon Lovejoy

(Packed with resources, hand-drawn illos, and a pizza garden)

Gardening with Emma: Grow and Have Fun: A Kid-to-Kid Guide by Emma Biggs and Steven Biggs

(By a kid and her dad - loaded with charts, photos, and info)

This Book Is Anti-Racist: 20 Lessons on how to Wake Up, Take Action, and Do the Work by Tiffany Jewell, illustrated by Aurelia Durand

(The most educational book I've read in years - it's powerful, it's actionable, it's beautiful)

Little Feminist Picture Book by Yelena Moroz Alpert, illustrated by Lydia Ortiz and Patrick Rafanan  
(Get introduced to 25 inspiring women including Amelia Earhart, Gloria Steinem, and the great RBG)

Intersection Allies: We Make Room for All by Chelsea Johnson, LaToya Council, and Carolyn Choi, illustrated by Ashley Seil Smith

(A celebratory, accessible, and convo-provoking guide to intersectionality and supporting each other)